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AUGUST 5, 2020



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GET Screen
Shield
Sanitize
Space
READY
to screen at home

Dear School Families,

The Health and Safety Committee is pleased to share its second update in support of a safe fall reopening. Today's focus is: **GET READY To Screen at Home!**

COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. In addition to wearing a mask, screening your child at home is a crucial step in protecting your family and the community at-large. The objective of screening is to reduce the spread of communicable disease by detecting symptoms early. Screening your child each morning creates a first line of defense against the introduction of viruses into the school. This simple task will help keep cohorts and staff healthy, in school, and learning together! While children with COVID-19 generally experience more mild symptoms, transmission from even those with mild or non-apparent symptoms remains a risk. Home screening consists of two responsibilities: **Temperature Check** and **Symptom Check**.

WHEN DO I KEEP MY CHILD HOME?

Temperature Check: If your child has a FEVER OF 100F OR GREATER, they and any siblings who attend either campus must stay home.

Symptom Check: If no fever is present, a child and any siblings who attend either campus must stay home if they are exhibiting any two (2) of the following symptoms:

- Fever or chills
- Cough (non-allergy related)
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache (non-allergy related)
- Sore throat (non-allergy related)
- Runny nose or congestion (non-allergy related)
- Nausea or vomiting
- Diarrhea or belly pain
- Rash

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New loss of taste or smell

WHAT ARE OTHER REASONS TO KEEP MY CHILD HOME?

Symptom Check: If your child is experiencing moderate to severe allergy symptoms, please keep them home. Siblings, however, may attend school in this instance. Symptoms include:

Active/frequent sneezing
Active/frequent cough
Excessively rubbing nose
Frequent tissue use
Itchy face/eyes

Notify the school and keep your child home until symptoms are reduced and under control. Allergy-related symptoms that cause children to touch and move their masks create a vulnerable situation for the student, their cohort, and the school. Contact the school with the reason for your child's absence.

I SCREENED MY CHILD AND HE/SHE HAS A FEVER OF 100F OR GREATER OR TWO NON-FEVER SYMPTOMS THAT ARE NOT ALLERGY RELATED. WHAT DO I DO NOW?

The [SJ-SFX Home Screening Pathway](#) is an easy-to-follow order of actions for a child experiencing a fever or two COVID-like symptoms. Please refer to this official response if your child becomes ill. Find an easy-to-read list of symptoms and a COVID-19 Fact Sheet [here](#). Find Home Screening Flyers and all accumulated updates published on the Health and Safety page [here](#).

If your family is in need of a reliable thermometer, we recommend the following top-rated brands:

[Vick's Comfort Flex Oral Thermometer](#)
[iProven Digital Ear Thermometer with Temporal Function](#)
[Kinsa Smart Ear Thermometer](#)
[iHealth No-Touch Forehead Thermometer](#)

Thank you, Crusaders!

THE HEALTH + SAFETY COMMITTEE

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